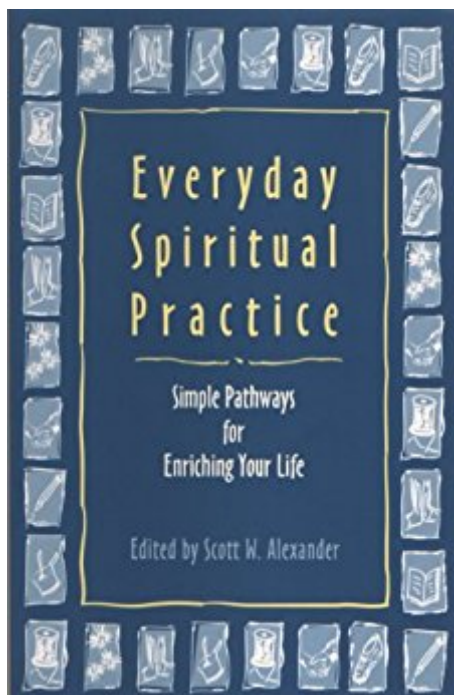


The book was found

Everyday Spiritual Practice: Simple Pathways For Enriching Your Life



Synopsis

Have you wondered how to integrate your heartfelt beliefs into your daily life? Here nearly 40 contributors ponder this creative dilemma and share their discoveries. Creating a home altar, practicing martial arts, fasting, quilting -- these are just some of the ways they've found to make every day more meaningful and satisfying.

Book Information

File Size: 611 KB

Print Length: 272 pages

Publisher: Skinner House Books (January 15, 1999)

Publication Date: January 15, 1999

Sold by:Â Digital Services LLC

Language: English

ASIN: B004Q7CI4E

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #185,863 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #9 inÂ Kindle Store > Kindle eBooks > Religion & Spirituality > Other Religions, Practices & Sacred Texts > Unitarian Universalism #20 inÂ Books > Religion & Spirituality > Other Religions, Practices & Sacred Texts > Unitarian Universalism #2382 inÂ Kindle Store > Kindle eBooks > Religion & Spirituality > Spirituality

Customer Reviews

Everyday Spiritual Practice is for anybody who wants to deepen their spirituality, but isn't entirely sure how. Each chapter focuses on a particular spiritual practice (meditation, prayer, fasting, for example) offering an introduction to the practice. Some things not typically understood as spiritual disciplines are included here, such as marriage, gardening, and cooking, giving the reader valuable insights into daily mindfulness. The recommended reading list provides further direction for seekers. Ptactical and wise, I highly recommend this book.

A wonderful collection of ideas to help you implement spirituality into your life. There are several

chapters that provide ideas on how one might include spirituality into daily living. Not every idea is going to appeal to every person, but there is enough variety and depth that everyone should come away with helpful ideas. This book is especially appropriate for persons who are willing to consider other avenues to spiritual living besides only Christianity.

I ordered this book because it was required reading for a 10 month course. I really liked the book. It is an easy read - with each practice presented in a few pages. I was especially impressed by the variety of spiritual practices included and the objective, non-judgmental nor dogmatic text, something not always easy to find. Great book. So glad to have read it. Highly recommend it.

The book is a compilation of spiritual practices of a range of people, from doing everyday things mindfully, to practices which may be completely new to you. I can see it is one I will keep on a handy shelf and refer back to whenever I feel "stuck."

This book is a great place to begin if you want to change up or even begin your spiritual practice(s). I highly recommend this book for newbies and those who are pros in the area of spiritual practice because it shows you first hand accounts written in their own words, of people who used/use these ideas. Very creative and worth the purchase for people of all religions and paths.

This book includes several essays by different people regarding their everyday spiritual practices. The essays offer meaningful approaches towards spirituality and the importance of it during one's everyday living, regardless of one's religious heritage or beliefs (if any). It is especially recommended for anyone who considers themselves to be spiritual, but not necessarily religious.

A good overview and some nice pieces, but I wish there might have been some longer, more thoughtful essays included.

[Download to continue reading...](#)

Everyday Spiritual Practice: Simple Pathways for Enriching Your Life
The Nature of Personal Reality: Specific, Practical Techniques for Solving Everyday Problems and Enriching the Life You Know (Jane Roberts)
F. G. A. Stone: Leaving No Stone Unturned: Pathways in Organometallic Chemistry (Profiles, Pathways, and Dreams)
Evernote for your Life | A Practical Guide for the Use of Evernote in Your Everyday Life [2014 Edition]: A Practical Guide for the Use of Evernote in Your Everyday Life
The Handbook of Jewish Meditation Practices: A Guide for Enriching the Sabbath

and Other Days of Your Life Mindful Matrimony: Enriching Your Marriage for the Rest of Your Lives
My Sixty Years as a Public Contract Lawyer: The Enriching Life of George Martin Coburn: 1923 -
2011 Everyday Idioms 1: For Reference and Practice (Everyday Idioms for Reference & Practice)
(bk. 1) Mudhouse Sabbath: An Invitation to a Life of Spiritual Discipline: An Invitation to a Life of
Spiritual Disciplines (Pocket Classics) The Writer's Guide to Everyday Life from Prohibition Through
World War II (Writer's Guides to Everyday Life) The Composition of Everyday Life, Concise (The
Composition of Everyday Life Series) Living Your Yoga: Finding the Spiritual in Everyday Life
Warriors Arise!: Spiritual Life & Spiritual Maturity & Spiritual Warfare Change Your Habits Change
Your Life: Break Your Bad Habits, Break Your Addictions And Live A Better Life (Change Your Life,
Stop Smoking, Stop Drinking, Stop Gambling, Stop Overeating) Passage Meditation - A Complete
Spiritual Practice: Train Your Mind and Find a Life That Fulfills Buddhism: How To Practice
Buddhism In Your Everyday Life (Buddhism for Beginners, Zen Meditation, Inner Peace, Four Noble
Truths) Buddhism: Buddhism For Beginners, The Complete Guide Of Buddhism, Everything You
Need To Know To Practice Buddhist Teachings In Your Everyday Life Change Your Aura, Change
Your Life: A Step-by-Step Guide to Unfolding Your Spiritual Power, Revised Edition Meditation
within Eternity: The Modern Mystics Guide to Gaining Unlimited Spiritual Energy, Accessing Higher
Consciousness and Meditation Techniques for Spiritual Growth BUDDHISM: Buddhism for
Beginners: A Practical Guide to Spiritual Enlightenment (buddhism for beginners, zen, chakras,
reiki, energy healing, spiritual awakening, mindfulness)

[Dmca](#)